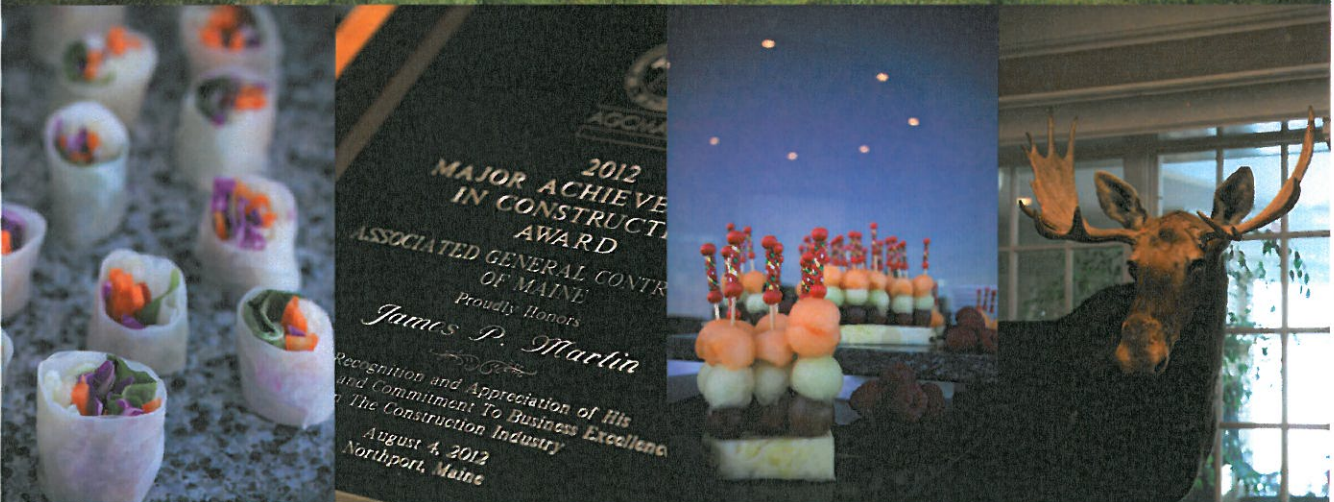
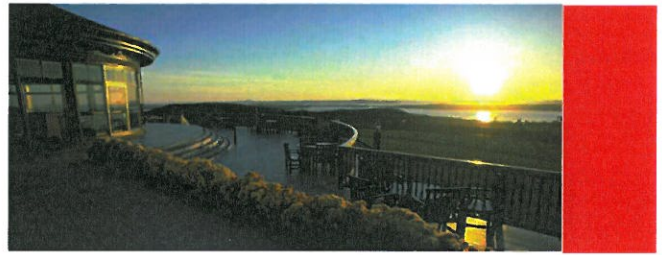


# AGC Maine Summer Outing

August 9th-11th, 2013  
Point Lookout, Northport, Maine



**Golf is back by demand! See details inside...**



May 14, 2013

Greetings!

We are headed back to the coast for another year at Point Lookout. The outdoor fun, golf carts, good food and plenty of activities will highlight another summer season.

**A look at the outing:**

- Rooms-Point Lookout offers private cabins with up to three bedrooms,
- Golf Tournament at the Samoset Resort - We have arranged for tee times at the beautiful Samoset Resort Golf Course, please make sure to register your team using the form enclosed,
- Activities-As a bonus we have a bowling alley, racquetball, tennis courts, basketball court, virtual golf room, hiking trails, artificial turf soccer field and disc golf,
- Regular activities-We will still offer the popular cribbage tournament and other very difficult activities like wine tasting challenge but look for more new ideas that will spice up the weekend,
- Walking trails & private beach-Point lookout offers over 379 acres of activities including walking trails, private beach and open space,
- One golf cart for each cabin for easy cruising around the property,
- We eliminated breakfast since each cabin includes a full kitchen or you can purchase breakfast at the cafe on site,
- The scavenger hunt is back by popular demand, remember you must face the obstacle course to complete the hunt.

**Follow these simple steps to a great weekend of AGC Maine Activities:**

- Make your cabin reservations,
- Fill out the AGC Maine registration form for the weekend,
- Fill out the activities form and help us in advance make sure the popular events are the best!
- Bring your summer gear and drive to Northport.



Ahoy Members,

Winter is already a distant past and we are closing another legislative session in Augusta. The roadwork signs popped up around Maine and finally the green grass is growing. For us that signals some terrific events just a few months away.

For decades the summer outing has provided a celebration of individual achievement of one of your peers who impacted the industry. The Major Achievement in Construction Award has honored constructors, decision makers and policy experts at the top of their field. The outing is the best way to come together enjoy Maine's coast and honor the winner.

Last year was our first scavenger hunt and we are planning another round. This year we also have a golf option on Saturday morning at the Samoset Resort just down the road.

We know the summer is busy and sunny weekends are limited, but this event is entrenched in history and tradition. Bring your family, head to the coast, and be ready for a weekend full of activities from wine tasting to our obstacle course!

See you at the summit,

Matthew Marks



## Maine Style Outing

Point Lookout offers two and three bedroom cabins. Each cabin features television, kitchen, air conditioner and wireless internet. Members may decide to book a cabin for their entire family or share with another member. The form on the next page should be faxed to AGC Maine for reservations. AGC recommends folks book early to reserve the right space for your needs. First come, first serve.

### 2 Bedroom 1 Bath Cottage

The two bedroom cottages accommodate up to four people, a great fit for a family of four or two couples looking for a deal. Each 700 sq. ft. two bedroom one bath cottage is complete with two double beds, a dining and living area for four, a kitchenette complete with refrigerator, electric burners, microwave, and dish ware, a screened front porch, heat and air condition, wireless internet, phone service, cable TV, and VHS player.

### 2 Bedroom 2 Bath Cottage

The two bedroom cottages accommodate up to four people, a great fit for a family of four or two couples looking for a deal. Each 860 sq. ft. two bedroom two bath cottage is complete with two queen beds, 2 bathrooms (one inside each bedroom), a dining and living area for four, a full kitchen complete with stove, refrigerator, microwave, and cook/dish ware, a screened front porch, heat and air condition, wireless internet, phone service, cable TV, and DVD player.

### 3 Bedroom 2 Bath Lodge

If guests are traveling with a larger group of friends or family, Point Lookout also offers luxurious two-story lodges that sleep up to six people (or more with cots). The spacious 1,550 sq. ft. three bedroom lodge offers a private master king bedroom and bath on the second floor, and a king bedroom and a queen bedroom on the ground floor which share a spacious bathroom. The ground floor also features a dining and living area for eight, a full kitchen complete with stove, refrigerator, microwave, and cook/dish ware, a screened front porch, heat and air condition, wireless internet, phone service, cable TV, and DVD player.

- Pet friendly cottages are available for an additional fee of \$15/night.
- Cots, cribs, grills, and fire pits are available for an additional fee of \$15/night.
- One and two bedroom handicap cottages are available upon request – call Point Lookout to inquire or include in your on-line reservation comments.

### One Bedroom Cabins

**AGC Maine also secured a rate for limited number of 1 Bedroom King and 1 Bedroom Queen Cabins. While we were able to hold a good rate, we cannot reserve them in our block. If you are planning to attend and would like a one bedroom cabin please register very early!**



## Cabins

Point Lookout Cabins offer members a unique experience of privacy and family fun with some of Maine's best views.

The amenities rival the best resorts in New England featuring full service kitchens, dining areas, spacious living rooms and air conditioning.

AGC Maine booked three cabin styles described on the next page. When you select a cabin you will make the reservations in advance by faxing in the enclosed form to Point Lookout.

Each cabin will be supplied with one gas powered golf cart. So, park the car and cruise the mountain or take the leap down to the beach in your own cart.



# AGCMAINE

## Point Lookout Lodging Registration Form Associated General Contractors August 9-11, 2013

Attendee Name & Company		
Attendee Address		
Attendee Phone & email	Phone	Email

First Choice:		8/9/13	8/11/13		
Cabin Type	Nightly Rate (tax not included)	Arrival	Departure	# of People	Names if Sharing
2 Bedroom/1 Bath Double	\$189.00				
2 Bedroom/2 Bath Queen	\$249.00				
3 Bedroom/2 Bath Queen	\$319.00				
1 Bedroom/1 Bath King*	\$179.00				
1 Bedroom/1 Bath Queen*	\$169.00				

\*1 Bedroom cabins are based upon availability.  
All cabin requests are confirmed in the order they arrive. All reservations are based on a first come first serve basis and are not guaranteed until a confirmation has been sent to you.

Second Choice:		8/9/13	8/11/13		
Cabin Type	Nightly Rate (tax not included)	Arrival	Departure	# of People	Names if Sharing

**Payment Information**

Name on Card	Credit Card Number MC/VI/AX	Expiration Date:

Attendee Signature:	Date:

**\*Registration Card:** Reservations made by registration card must be guaranteed to an authorized credit card, or an advance deposit received 30 days prior to arrival.  
**\*Reservation Policies and Procedures**  
 Reservations must be emailed or faxed directly to Point Lookout Resort at: reservations@visitpointlookout.com or faxed to (207) 789-5968 prior to July 9, 2013.  
 Reservations must be cancelled 14 days prior to arrival. Reservations cancelled within 24 hours of arrival will be charged 50% of reservations total.

**NO TELEPHONE RESERVATIONS ACCEPTED**

**PLEASE NOTE: THIS IS THE ONLY FORM SENT DIRECTLY TO POINT LOOKOUT**



AGCMAINE



Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Fax: \_\_\_\_\_

Names of ALL PEOPLE ATTENDING-Please print names as you wish them to appear on name badges. Please indicate ALL meal choices and Kid Night Out attendees. All adults (12+) must complete this form and return with payment of \$360 per person plus other outside expenses such as extra lobster.

Adults/Children 12+	Friday Dinner Lobster & Chicken or Veggie	Extra Lobster Yes/No \$30/each	Saturday Dinner Sirloin or Baked Haddock
---------------------	---	-----------------------------------	---

- |    |       |       |       |       |
|----|-------|-------|-------|-------|
| 1. | _____ | _____ | _____ | _____ |
| 2. | _____ | _____ | _____ | _____ |
| 3. | _____ | _____ | _____ | _____ |
| 4. | _____ | _____ | _____ | _____ |

Please use the next section for children who will attend any of the events and will require a children's menu. If you would like any child to eat the adult meals please enter the name in the meal selection above. If you have any questions please call us 622-4741. **Children fees are \$85/person.**

- |                   |       |        |              |                 |
|-------------------|-------|--------|--------------|-----------------|
| Children Under 12 | AGE   | Friday | Saturday BBQ | Saturday Dinner |
| 1.                | _____ | _____  | _____        | _____           |
| 2.                | _____ | _____  | _____        | _____           |
| 3.                | _____ | _____  | _____        | _____           |
| 4.                | _____ | _____  | _____        | _____           |

# of Adults \_\_\_\_\_ x \$360 + Cost of Extra Lobster(s) \_\_\_\_\_ =\$ \_\_\_\_\_

# of Children \_\_\_\_\_ x \$85=\$ \_\_\_\_\_

Total Amount Due to AGC Maine: \$ \_\_\_\_\_

Please use this space to indicate any food or allergy concerns.

Fax to: 207-622-1625 or  
Mail to: AGC MAINE  
188 Whitten Road  
Augusta ME 04330



## Registration Instructions

You can download copies of this packet online at [www.agcmaine.org](http://www.agcmaine.org). Required forms are noted at the top of each page. Please submit ASAP.

1. Read the entire packet
2. Choose a cabin to reserve & fax the form (required) to Point Lookout, the rates listed are nightly
3. Fill out the meal form and fax it to AGC Maine (required)
4. Help AGC Maine by sending in the event/activity registration forms as directed
5. Call the AGC Maine team anytime to discuss options, concerns or special requests 622-4741
6. Arrive for registration on Friday August 3rd between 3 PM-5 PM
7. Join us at the welcome party at 5 PM

### Weekend Agenda (Subject to Change)

#### Friday August 9th

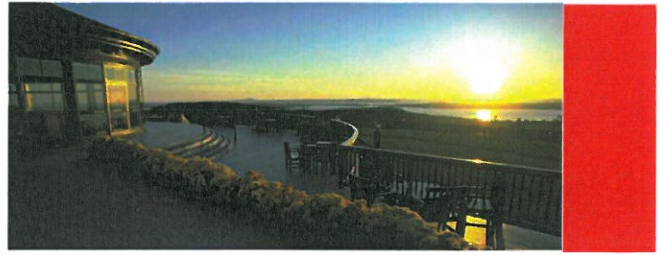
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| 3:00-5:00  | Arrival & Registration |
| 5:00-6:00  | Social Hour            |
| 6:00-7:30  | Lobster Bake           |
| 7:30-10:30 | Entertainment          |

#### Saturday August 10th

- |             |   |
|-------------|---|
| 8:00-11:30  | Morning Activities (see list in packet)   |
| 11:30 -1:00 | BBQ Lunch                                 |
| 1:00        | Afternoon Activities (see list in packet) |
| 5:00-6:45   | Social Hour                               |
| 6:45-9:00   | Dinner & Presentation of Awards           |
| 9:30-       | After Party Bonfire                       |







## Family & Group Activities

### Group Activities

AGC Maine will feature many activities for the weekend. This year we also have the chance to play some team sports. AGC Maine will assign teams where indicated. These event time/schedule may change depending on the participation levels. On Saturday afternoon activities will include the regular round of fun. All Ages!

### Kickball Tournament

(Kickball tournament will start at 9 AM, Saturday, on the softball field. We will post the schedule and rules)



Names: \_\_\_\_\_

### Disc Golf

New this year at Point Lookout, it is free to play!

Names: \_\_\_\_\_



### Corn Hole

This will occur on Saturday afternoon, time TBD, and consist of teams of four.

Names: \_\_\_\_\_



### Scavenger Hunt

Sign up for the family scavenger hunt and locate the items using the clues provided. All of your results will be turned in at the obstacle course on Saturday afternoon.

Names: \_\_\_\_\_



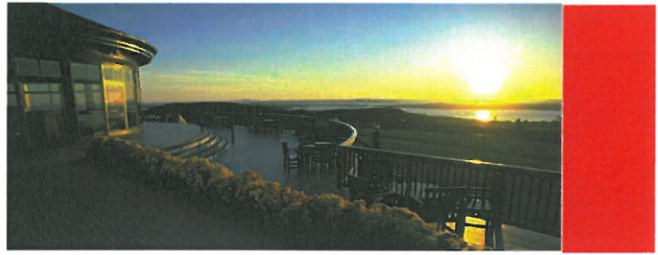


# AGC Maine Island Party

**Find your favorite island theme attire, cruise down to the pavillion in your golf cart and order a tropical drink. The island party kicks off Friday evening and will finish when the dance floor is worn down!**

**This year we will give away prizes for the best island costume!**





## Saturday Afternoon Activities

### Cribbage Tournament at the Summit

Names: \_\_\_\_\_

### Tennis

Names: \_\_\_\_\_

### Horseshoes

Names: \_\_\_\_\_

### Racquetball

Names: \_\_\_\_\_

### Wine Tasting with Mary Kate of Maine Wine Events at the Summit



Names: \_\_\_\_\_

### Basketball

Names: \_\_\_\_\_

### Bocce Ball at the Summit

Names: \_\_\_\_\_



Fax to: 207-622-1625 or  
Mail to: AGC MAINE  
188 Whitten Road  
Augusta ME 04330

RECOMMENDED FORM >>>>>>>||||||||||| SUBMIT TO AGC MAINE Fax # 622-1625



**Golf Tournament at the Samoset Resort**



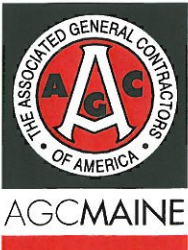
Golfers can enjoy the Samoset’s spectacular cliff side course and finish 18 holes in time to attend the barbecue lunch back at Point Lookout. Prizes will be awarded in the following categories:

**% Lowest Gross (foursome)                      % Lowest Net (foursome)**

Advance registration is required and you will be notified of your tee time in advance. Simply fill out this form and mail or fax it to AGC Maine, Inc.

Name	Handicap	Contact: _____
1. _____	_____	Phone: _____
2. _____	_____	<b>Questions?</b> Please call Sandi at 622-4741 If you don’t have a full foursome we will add players to complete your team.
3. _____	_____	
4. _____	_____	\$140 x # of Golfers _____ = \$ _____

Greens fees of \$140 per person (including cart) must be paid to AGC Maine, Inc.



## Special Services

### Massage Therapy

30 minutes, \$45 - 60 minutes, \$75 - 75 minutes, \$85 - 90 minutes \$105

**Deep Tissue Massage** - A massage affecting deeper tissues.

**Foot Reflexology** - Specific pressure is applied to the feet to promote deep relaxation, emotional balance and overall well-being.

**Scalp, Neck and Back massage** - Clothed or unclothed massage designed to relax and relieve headaches, sinus pressure, neck aches and back aches.

**Swedish Massage** - Full body session providing a relaxing experience that energizes and detoxifies the body by stimulating circulation.

**Reiki** - Energy-based work focusing on balancing the mind, body and mental state.

**Thai Yoga Massage** - The client remains fully dressed in comfortable, loose-fitting clothes and lies on a floor mat. The therapist uses hands, feet, forearms, elbows and knees to apply a combination of massage, and gentle yoga-like stretches in a rhythmic flow of movements.

**Yoga Therapy** - A personalized therapeutic practice to address specific physical and emotional needs as well as designing a program to continue daily at home. The work focuses on breathing, meditation and body postures.

### Specialty Services 60 minutes, \$85 - 90 minutes \$125

**Cranio Sacral Therapy (CST)** - a gentle light touch method offers effective treatment for chronic headache, neck and back injury, chronic stress and pain. The work is done with one fully clothed, resting on a massage table.

**Trauma Release Work** - Using light touch, imaging and dialoguing techniques, one is able to release the impacts of injuries, accidents, surgery and life challenges and restricted energy patterns from the mind and body resulting in the elimination of symptoms, increased energy and an enhanced sense of balance and wholeness.

**Facial Rejuvenation Massage** - Also known as Bellanina Facelift massage, is a pampering, relaxing facial massage that truly improves the appearance of your skin. Through gentle acupressure, lymphatic drainage and facial massage, this treatment can firm sagging skin, soften lines and give skin a fresh young glow. A massage to the hands, feet, shoulders, neck and scalp conclude this luxurious session, leaving you feeling ultimately refreshed, relaxed and pampered.

**A cancellation fee will be applied to appointments cancelled with less than 24 hours notice.**

### Massage & Specialty Services Request

- 1) Name: \_\_\_\_\_ Type: \_\_\_\_\_ Desired Day/Time: \_\_\_\_\_
- 2) Name: \_\_\_\_\_ Type: \_\_\_\_\_ Desired Day/Time: \_\_\_\_\_
- 3) Name: \_\_\_\_\_ Type: \_\_\_\_\_ Desired Day/Time: \_\_\_\_\_
- 4) Name: \_\_\_\_\_ Type: \_\_\_\_\_ Desired Day/Time: \_\_\_\_\_



## Kid's Night Out on Saturday

While the weekend is packed full of family style activities Saturday night offers a great opportunity for kids of all ages to enjoy time in the bowling center while the parents dine at the top of the mountain. The best part, this is offered at no extra cost.

From 4 PM-9 PM on Saturday parents may bring their children to the bowling alley with a full arcade for a pizza party and kid fun night. Child care providers are CPR certified and professional. Worry free for parents!

All we require is notification in advance of the service and the information below:



Parent Name(s): \_\_\_\_\_

Cell Phone(s): \_\_\_\_\_

Child's Name	Age
1) _____	_____
2) _____	_____
3) _____	_____
4) _____	_____

Fax to: 207-622-1625 or  
Mail to: AGC MAINE  
188 Whitten Road  
Augusta ME 04330